

HEALTH AND SAFETY INFORMATION

HEALTH AND SAFETY SERVICES

INFORMATION GUIDE

Version N. 3/EN 06/04/2018

Page 1/5

EMERGENCY PROCEDURES: what to do

ALL EMERGENCIES MUST BE IMMEDIATELY REPORTED TO THE RECEPTION, IN ORDER TO ACTIVATE THE EMERGENCY PROCEDURES

RECEPTION



ADDRESS	PHONE N.	OPENING HOURS	
		MON - FRI	SAT
SEDE CENTRALE /	011 090 7777	OPEN 24 / 7	
CITTADELLA	335 7507354		
CASTELLO DEL VALENTINO	011 090 6655	7:30 a.m 9:00 p.m.	8:00 a.m 4:00 p.m.
VIA MORGARI	011 090 7931	8:00 a.m 8:00 p.m.	CLOSED
MIRAFIORI	011 090 8866	7:30 a.m 9:00 p.m.	CLOSED
LINGOTTO	011 090 8888	8:00 a.m 8:00 p.m.	CLOSED
ALESSANDRIA	0131 229314 / 229320	8:00 a.m 6:00 p.m	CLOSED
VERRES	0125 929 484 103 (dai tel. interni)	8:30 a.m 5:00 p.m. (fri.: 8:30 - 13:00)	CLOSED
MONDOVÌ	0174 560890	8:30 a.m 6:00 p.m.	CLOSED
BIELLA	015 855 1111	8:30 a.m 6:30 p.m.	CLOSED
ENERGY CENTER	011 090 8500	8:00 a.m 9:00 p.m.	CLOSED



In case of an extremely urgent situation, or when not possible to contact the Reception, please call the emergency services:

EUROPEAN EMERGENCY PHONE NUMBER

112

INFORMATION TO PROVIDE

- Your name and surname
- Your telephone number
- The type of the event (fire, accident, flooding, ...)
- Where the event occurred
- Severity of the event
- Person(s) injured and materials involved



INFORMATION GUIDE

HEALTH AND SAFETY INFORMATION

Version N. 3/EN 06/04/2018

HEALTH AND SAFETY SERVICES

Page 2/5

ACCIDENT	 Immediately alert the Reception Desk / Logistics. Assist the injured person/people until help arrives. If you are unable to contact the Reception Desk, please call the emergency services directly by dialling the emergency telephone number 112. 	
FIRE	 Immediately alert the Reception Desk / Logistics. If you are unable to contact the Reception Desk, call directly the emergency services by dialing the emergency telephone number 112. 	
If the fire is inside the room where you are	 Leave the room immediately and close the door behind you. Do NOT use elevators. 	
If the fire has spread out of the room and stairs and corridors are filled with smoke	 Close the door If possible, seal all the cracks with wet cloths. If smoke makes breathing difficult, put a cloth over your mouth (better if wet) and lie down on the floor (smoke tends to rise to the top). 	
EVACUATION	Keep calm.Use the escape routes and the emergency exits.	
When you hear the evacuation order	 Go through the escape routes following the safety signs to the emergency exits. Do NOT use elevators. Do NOT push, run or stop. Do NOT carry bulky or heavy personal items. 	
DISCOVERY OF CONTAMINATED MATERIAL	 Do NOT touch or move the suspect object or package. Immediately alert the Reception Desk / Logistics. 	
LEAK OF HAZARDOUS SUBSTANCES INSIDE THE BUILDING	 Immediately alert the Reception Desk / Logistics. Check that nobody is stuck inside the rooms. Leave the place of the event, follow the escape routes, and go outdoors. Supervise the entrance, in order to prevent access to anyone who is not emergency operations staff. 	
LEAK OF HAZARDOUS SUBSTANCES OUTSIDE/ TOXIC CLOUD If you are inside the building, and the leak of hazardous substances has occurred in the external environment	 Immediately alert the Reception Desk / Logistics. Keep calm. Close the windows. Close the air conditioners and all the ventilation systems connected with the outside environment. Seal the windows with tape and wet cloths. Shelter in the most interior rooms. Put a wet cloth over your mouth and breathe slowly. 	
EARTHQUAKE	 Keep calm. Do NOT rush outside: there is a risk of falling objects. Remain in the room and take shelter under a desk, or under the main beam of the door, or next to the weight-bearing walls. Move away from windows, glass doors, and furniture that might cause injury during the shocks. If you are in the stairwell, distance yourself from the railing. At the end of the earthquake, leave the building without using the elevator. 	



F INFORMATION GUIDE

HEALTH AND SAFETY INFORMATION

Version N. 3/EN 06/04/2018

HEALTH AND SAFETY SERVICES

Page 3/5

	Do NOT attempt to walk in flooded rooms, unless you perfectly know the place, the depth of the water, and the
WATER LEAK	existence of holes. Do NOT go inside rooms where electrical devices and equipment are present.
FLOODS	 Move towards the upper floors, and do NOT use the elevator. Do NOT leave the building when the surrounding area is completely flooded, in order to avoid being pulled by the current. Wait for the rescue staff, and try to indicate your position.
REPORTING OR SUSPICION OF THE PRESENCE OF EXPLOSIVE WEAPONS	 Immediately alert the Reception Desk / Logistics. If you are unable to contact the Reception Desk, please call the emergency services directly by dialling the emergency telephone number 112.
Suspicious packages. If you see a suspicious object or package:	 Do NOT touch or move it. Look for other suspicious objects or packages. Do NOT use mobile phones in the proximity of the object. Open the windows in the area immediately next to the object. Evacuate the area immediately.
Evacuation:	 When you hear the evacuation order, take your personal things and leave. Do NOT touch packages or bags that are not your own, and immediately inform about any suspicious bags or packages. Do NOT re-enter the building if not authorized.
ROBBERY OR AGGRESSION	 Immediately alert the Reception Desk / Logistics. If you are unable to contact the Reception Desk, call directly the emergency services directly by dialling the emergency telephone number 112.
If suddenly a gun or knife is pointed at you, try to keep calm. Criminals are often extremely tense: it is important to prevent any violent reactions.	 Keep away from the aggressor, especially if he/she is carrying weapons (like guns, knives, or other sharp objects). If the aggressor threatens you, but the weapon is not visible, assume that he/she DOES have a weapon: this is the most reasonable and prudent behavior. Follow the instructions of the aggressor, as calmly as possible. Do whatever the criminal asks, and nothing more. A calm but not extremely cooperative behavior is the most appropriate approach, and is usually what the aggressor is expecting from you. Try to calm the aggressor with accommodating words, and do NOT argue with him/her. Above all do NOT criticize nor contradict his/her statements. Try to keep the aggressor talking until the arrival of the police: this can reduce violent behavior. In order to avoid violent reactions, Do NOT try to intervene directly. Do NOT obstruct the aggressor while he/she go away, in order to avoid violent reactions.



F INFORMATION GUIDE

HEALTH AND SAFETY INFORMATION

Version N. 3/EN 06/04/2018

HEALTH AND SAFETY SERVICES

Page 4/5

USEFUL CONTACTS

EMPLOYER	Dean of the Politecnico di Torino		
MEDICAL DOCTORS	infermeria@polito.it		
OCCUPATIONAL HEALTH AND SAFETY SERVICES	responsabile.prevenzione@polito.it; servizio.prevenzione@polito.it		
INFIRMARY	POLITECNICO DI TORINO C.so Duca degli Abruzzi, 24 - Torino Opening Hours: Mon Fri. 8:00 a.m 06:00 p.m.	Tel. No.: 011 - 090 7943 E-mail: <u>infermeria@polito.it</u>	
CONFIDENTIAL COUNSELLOR for mobbing, sexual harassment, discrimination cases	E-mail: consigliera.fiducia@polito.it Tel. N.: 011.090 7852 (Mon. 11.30 a.m 2.30 p.m.) By appointment: Mon. 11.30 a.m 2.30 p.m. Torino, C.so Castelfidardo, 51		
STUDENT'S COUNSELING	E-mail: counseling@polito.it Tel. No.: 011-090.6154		
STUDENT'S REPRESENTATIVES	https://didattica.polito.it/pls/portal30/sviluppo.rappr_stud		
STUDENTS WITH SPECIAL NEEDS	sostegno.disabili@polito.it		



F INFORMATION GUIDE

HEALTH AND SAFETY INFORMATION

Version N. 3/EN 06/04/2018

HEALTH AND SAFETY SERVICES

Page 5/5

STUDENT'S MAIN OBLIGATIONS:

You must:

- Observe safe practices, rules and instructions given by persons in charge for safety issues.
- NOT endanger yourself or others by unsafe or dangerous actions.
- Observe health and safety related information (signs, posters, warning signals and written directions).
- Follow all instructions related to evacuation during fire, or any emergency, or closure of Politecnico.
- Use technical equipment (such as pc, printers, cutters, etc.) properly.
- NOT perform operations or actions that you are not in charge of.
- NOT remove or modify safety devices, or signal and control devices.
- Use protective equipment/clothing provided, when/where required.
- Report immediately, to your professor or other person in charge, any hazards that have led or may lead to injury, illness or danger.
- Report accidents, injuries and incidents that could result in harm, and cooperate in any related investigations.